



PRAYERS of FORGIVENESS & HEALING

I forgive you;
I forgive myself;
I am forgiven.
I release all energy blocks and disease to the Universe
in the knowledge that I am completely healed
and, for this healing, I profoundly love and thank the Divine, the Oneness, All That Is.
Thank you
Thank you
Thank you
And so it is.

Creator, Infinite SPIRIT, Mother Father Divine
I am here before you as an instrument of peace and healing
and I offer myself as a servant of the LIGHT.
I call upon only the highest and most sacred spiritual energies to be with me,
to guide me, to share love, healing and wisdom with me;
in turn I send them my love and welcome them.
I raise myself up to receive healing for my highest good
and the highest good of all concerned.
I offer myself as a clear and open channel
and give thanks that my personality, ego and expectations stand aside,
so that the highest forms of healing energies will flow through in their clearest and
truest form.
Creator, I give thanks for the blessings of this healing
and I know that through your love it is done.
And so it is.

SPIRIT, thank you for helping me heal.
Thank you that I am happy, prosperous and peaceful.
Thank you for my many blessings.
Thank you that I am the essence of Universal Love and Compassion.
And so it is.